



Designer Pillow case
for
Helen De Vos Children's Hospital

Things You'll Need:

- Sewing machine
- Thread
- Scissors
- Ruler
- Straight pins
- Fabric (unwashed)

3/4 yard main fabric

1/4 yard cuffed edge fabric

2" accent strip (only sold by 1/8 yard size)

(all fabric should be cotton/cotton blend)



Iron the 2" accent strip in half lengthwise, wrong sides together. Lay cut edges of ironed strip along the top cut edge of the 3/4yd. main body piece (3 cut edges layered together). Center material and work outward. Lay the 1/4 yard of cuff fabric (flat not folded) right side down on top of accent and main body pieces with all cut edges layered like a sandwich. Once again center material and work outward. Sew these edges together. Iron.



Roll up the 3/4 main body piece very small. Fold the 1/4 yard cuff piece in half with the right sides together with the 3/4 yd rolled piece in the middle. Pin remaining cut edge of 1/4 yard cuff piece to all the other cut edges (like a hotdog in a bun). Sew along raw edges encasing all fabric inside of the cuff. Pull the 3/4 yd rolled. "Fold in half lengthwise with wrong sides together and sew bottom and side of pillowcase with 1/4 inch (small) seam. Trim threads from this seam (if necessary) to make sure when sewing the second time, it will be completely encased inside the first seam. Turn wrong side out (paying close attention to moving your seam lines all the way out),



press seam and sew side and bottom seam for a second time with a 1/2 inch (slightly larger) seam. Turn right side out, press again and your pillowcase is finished."